

PATIENT INFORMATION ON HYSTEOSALPINGOGRAM (HSG)

What is an HSG & its Purpose?

A hystero- (uterus) salpingo- (fallopian tube) gram is an X-ray of the fallopian tubes and uterus. Its purpose is to ascertain if the fallopian tubes are open and absent of disease; additionally the study evaluates the uterine cavity for abnormalities. The exam is performed by a radiologist. During the examination, the radiologist will place a speculum in the vagina to visualize the cervix (opening to the uterus) and then insert an instrument called a cannula into the cervix. The cannula is a tube through which contrast media (or dye) is injected. The contrast media (dye) outlines the uterus and fallopian tubes with the use of fluoroscopy (an X-ray machine with a screen similar to a television set). The examination usually takes less than 30 minutes.

When & How to Schedule

This test is scheduled after you stop bleeding and before ovulation. Timing is crucial to the effectiveness of the procedure and safety of the patient. An HSG is best performed between the 6th and 12th day after a regular menstrual cycle starts. When you decide to schedule your HSG, call **Fertility Consultants** and let us know. We will fax an order to the facility.

You can schedule your HSG at **epic™ IMAGING** – www.epicimaging.com, at either their East or West side facility (location maps, addresses and phone numbers on next page). If possible, we like to schedule these with Amy Thurmond, M.D., Jennifer Mayberry, M.D., or Maureen Filipek, M.D., radiologists who specialize in female fertility.

When you start your period, phone them and they will schedule it at the appropriate time.

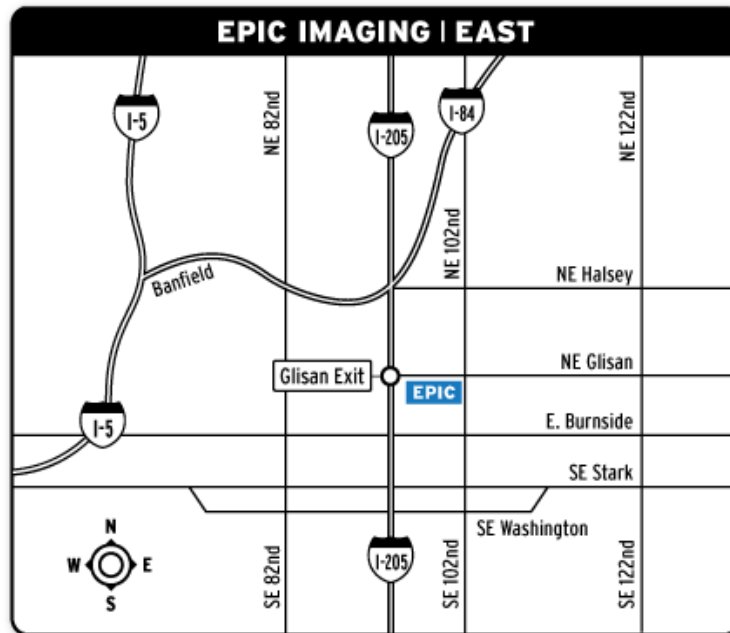
Pre-medication

During the procedure, you may experience some menstrual-like cramps. To help alleviate this, it is recommended that you take 800 mg of ibuprofen 30 minutes before the procedure. This can be purchased over the counter (Advil or Nuprin). One of these tablets contains only 200 mg of ibuprofen, so you should take 4 tablets. Also, since this is an invasive procedure, it is mandatory that you take prophylactic antibiotic coverage. Please let your physician know if you are allergic to this drug or other antibiotics. We will either give you a prescription for the drug or call it in to a pharmacy of your choice. The proper way to take this drug is as follows. Do not take the ibuprofen or the antibiotic on an empty stomach as it can upset your stomach.

- Doxycycline, 100 mg, twice a day (1 in the a.m. and 1 in the p.m., 12 hrs. apart)
- Take this medication for a total of 5 days, starting 2 days before the procedure.

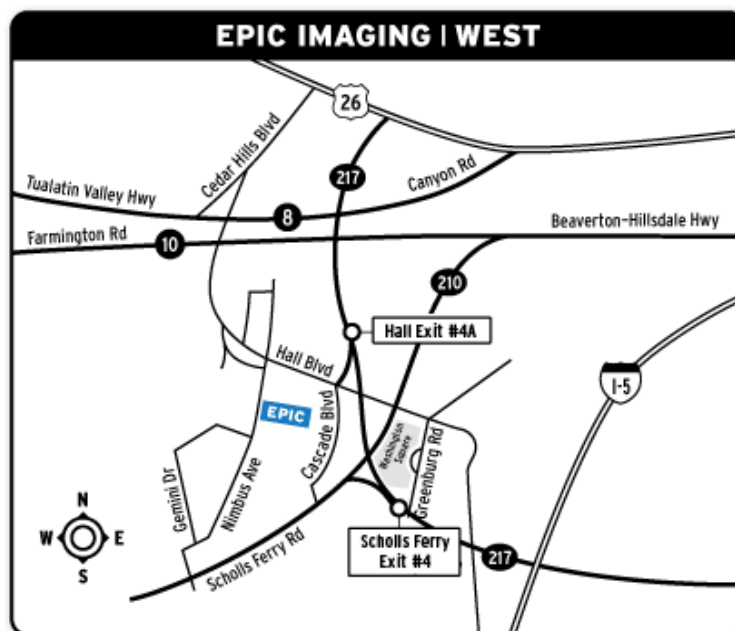
Follow-up

The HSG film will be reviewed by the Radiologist and your physician. The physician will then explain the results of your HSG and help you with any further treatment, if necessary. This usually takes 7-10 days. If you have not heard from our office in this period of time, please call us for your results at (503) 418-3700.



233 NE 102nd Avenue Portland, OR 97220
Phone: 503-253-1105

East side facility is located on NE 102nd Avenue between Burnside and Glisan just a short distance from Mall 205. Ample parking is available. Take I-205 north or southbound to the Glisan Street Exit.



8950 SW Nimbus Avenue Beaverton, OR 97008
Phone: 503-643-7226

West side facility is located on Nimbus just a short distance from Washington Square Mall. There is ample parking and patient friendly access to our main entrance. Coming northbound on 217, the Scholls Ferry Road exit provides the quickest route. Coming southbound on 217, take the Hall Boulevard Exit.