

HYSTEROSCOPY

- **Purpose:**
To determine if the uterine cavity is normal.
- **Procedure:**
Hysteroscopy is a minor surgical procedure done in the office and performed with local anesthesia. The hysteroscope, a thin telescope-like instrument, is passed through the cervix and inserted into the uterus so that the physician may directly visualize the uterine cavity. The uterine cavity is examined for any defects that may be preventing a pregnancy from occurring. The procedure takes approximately 10-minutes or less.

This procedure may be painful and cause some cramping. It is recommended that you take 800 mg of Ibuprofen 1-hour before the procedure. This can be purchased over-the-counter as Advil/Nuprin. One of these tablets contains only 200 mg of Ibuprofen so you should take a total of 4-tablets with food, as this can irritate an empty stomach.

Furthermore, since this is an invasive procedure, you will need prophylactic antibiotic coverage (doxycycline). When you call to schedule your appointment, please be sure to let our office know if you are allergic to any antibiotics. We will either give you a prescription for the drug or phone it in to a pharmacy of your choice:

Doxycycline 100 mg, 1-tablet by mouth twice a day, started 2-days prior to the procedure and continued for a total of 5-days
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Since local anesthesia is used, you will be able to leave shortly after the procedure.

You may have some slight vaginal bleeding and cramps for a day. If you experience: • heavy vaginal bleeding or discharge • severe abdominal pain, or • a fever, call our office immediately at the above number. If after hours, call the Operator at (503) 494-8311 and ask for the infertility physician on-call.

A hysteroscopy is scheduled early in a woman's menstrual cycle (between days 6 & 12) when the lining is thin, allowing a better view of the inside of the uterus. Please call the office the day your period starts so that we may schedule the procedure and phone in any medications that you may need.