

STEPS TO COMPLETE BEFORE STARTING YOUR IVF CYCLE

This checklist was developed to assist patients in their preparation for the IVF program. All steps must be completed prior to initiating an IVF cycle. If you have any questions about this checklist, please call the IVF Screening Line at (503) 418-3706.

Preliminary Steps:

- Physician Consult***
A consultation with one of our physicians that outlines all of the procedures and risks of IVF is required. Call (503) 418-3700 to schedule.
- Registration***
Both partners must register with OHSU in order to receive medical care and have blood be drawn for testing. Call (503) 494-8505 to register.
- Orientation***
The Orientation is mandatory for IVF patients, and it is recommended that both partners attend. In-depth information regarding medications, costs, the laboratory, injection instructions and medical procedures are discussed. The Orientation is typically held the last Tuesday of each month from 1:30-4 p.m. as well as on a Wednesday evening once each month. Phone (503) 418-3706 to reserve a spot.
- Payment***
IVF payments are made prior to initiating any fertility medications and on your Day 1 ultrasound visit. These payments are outlined on the Financial Conditions form. A signed Financial Conditions form must be submitted to Fertility Consultants prior to being accepted into the IVF program. If IVF payments are not made at the appropriate times indicated, there may be an interruption of care in your cycle.

Cash, check, and major credit cards are accepted. If you need some financial assistance, check out these options:

- IntegraMed America – The Fertility Company®
 - Websites: www.yourivf.com or www.integrated.com
 - Toll free at 1-866-YOURIVF
- Advanced Reproductive Care, Inc.® (ARC) Fertility Program
 - Website: www.arcfertility.com
 - Phone: 888-990-2727, or E-mail: info@arcfertility.com

Payment 1: Must be made prior to starting medications.

Medication Deposit: Egg donor recipients must pay for donor medications prior to the donor starting medications.

All medications shall be paid for when dispensed. Medication and medical costs do vary for each individual cycle. The Financial Conditions form provides an estimated cost of an IVF cycle. Additional payments are necessary in the event that your cycle costs exceed the estimated costs.

Women ≥ 45

All women over the age of 45 are required to have additional medical screening. Please request these tests from the IVF Coordinator.

IVF Cycles Using Egg and/or Sperm Donors

If you will be using an egg donor or a sperm donor in your IVF cycle, you will need to schedule an appointment with our clinic counselor, Paula Acker, Licensed Clinical Social Worker. We have found that this visit is often covered under the mental health benefit of insurance plans. Please see the enclosed page that includes Paula’s practice information, appointment phone, office hours, and location.

Screening Tests

Female

Male

<input type="checkbox"/> HIV Titer <input type="checkbox"/> Hepatitis B Surface <i>Antigen</i> <input type="checkbox"/> Hepatitis C <i>Antibody</i> <input type="checkbox"/> RPR (Syphilis) <input type="checkbox"/> ABO/RH (Blood Type), plus <i>Antibody</i> Screen <input type="checkbox"/> Rubella Titer (IgG) <input type="checkbox"/> Pap Smear <input type="checkbox"/> Uterine cavity assessment (hysteroscopy, hysterosalpingogram, or Saline Infusion Sonogram) <input type="checkbox"/> Trial Transfer in our office ¹ <input type="checkbox"/> Clomiphene Challenge Test (age 35 years and older)	<input type="checkbox"/> HIV titer <input type="checkbox"/> Hepatitis B Surface <i>Antigen</i> <input type="checkbox"/> Hepatitis C <i>Antibody</i> <input type="checkbox"/> RPR (Syphilis) <input type="checkbox"/> Semen tests (current within 6-mos.) ²
<p>All blood tests can be done either here, at your primary care provider’s office, or at an outside lab.</p> <p>Test results should be current (within two-years), and results from outside labs/offices should be faxed to the IVF office at (503) 418-3733.</p> <p>¹ The Saline Infusion Sonogram and Trial Transfer can be performed at the same time in our office. Call (503) 418-3700 with the start of your menstrual cycle to schedule these procedures.</p> <p>² Contact the IVF office first at (503) 418-3706 to find out which semen tests are needed, and then call (503) 418-3700 to schedule.</p>	