

PATIENT INSTRUCTIONS



CLOMIPHENE CITRATE CHALLENGE TEST

Please ***call*** us at (503) 418-3700 on the day that your period starts to schedule a blood test (FSH) on day 3 or 4 of your cycle. The first day of your cycle is the first day of menstrual flow.

If you start your period on Friday night or Saturday, just call on Monday and we will have you come in between 7:30 a.m. and 10 a.m. Tuesday morning to get your blood drawn. If you start your period on any other day of the week, call to schedule your blood draw, ***do not*** just drop in.

- Cycle Day 3 or 4: FSH blood test (\$50 + \$15 Blood Draw fee)
- Cycle Days 5-9: 100 mg per day of clomiphene citrate
- Cycle Day 10: FSH blood test (\$50 + \$15 Blood Draw fee)

This test can help us determine the best treatment option available to you.